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2020 National Conference for Women & Teens with Hemophilia Hear Our Voices: Continuing to Thrive

October 9-10, 2020

Through a distinctive virtual experience

Women and teens who are eligible to join our **special two-day virtual program** will learn from national expert health care providers, and have numerous opportunities to connect with other attendees who each bring their own unique wisdom and experience of living with hemophilia.

- There is **NO CHARGE** for this two-day experience
- To learn more, go to: hfmich.org/womens-conference
- Attendees will receive a conference-enhancement package
- **Questions?** Contact Patrice Thomas at pthomas@hfmich.org, 734.544.0015

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The Hemophilia Foundation of Michigan (HFM) exists to enhance the quality of life for all affected by bleeding disorders. HFM does not endorse any specific product or company.

“This conference means the world to me. It means I’m being heard and validated. Thanks for listening.”

~Conference Attendee



**HFM’s National Conference for Women and Teens
with Hemophilia Positively Impacted Rachel!**

My Journey to Propy

By Rachel Neyland

After HFM’s 2019 Women’s Hemophilia Conference in Michigan, **I started keeping a pain journal.** [Then] I had an appointment at my Hemophilia Treatment Center (HTC) and I brought my pain journal and factor log. This was the first time I met with this hematologist. **She looked at my log and said, “Wow, you have a lot of bleeds!”** I said I know! She said I should be on prophylaxis to see if that helps. So I am now on two times a week prophy.

I’m so grateful for the Women’s Conference and hearing others’ stories and hearing about the importance of logging our bleeds. Of course I’ve logged my boys’ bleeds, but I put my own needs on the back burner. **After the Women’s Conference I felt empowered. And after my HTC appointment I felt validated and empowered.** I pray every woman with hemophilia can get the proper treatment!



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